



Specials for the weeks of December 17 - December 31

Soups

Split pea with ham: \$5.95

Chicken noodle soup: \$5.95

Vegetarian white root vegetable soup: \$5.95

Detox soup: \$5.95

Roasted squash and pear soup: \$5.95

Vegetarian chili: \$9.95

Pumpkin and beef harvest chili: \$9.95

White chicken chili: \$9.95

Sides

Haricots verts with roasted cherry tomatoes: \$15.95

Steamed broccoli with sauteed red peppers: \$10.95

Whipped Potatoes: \$8.95

AD Veggie Burger: \$4.95

Creamed spinach: \$10.95

Turmeric roasted cauliflower: \$12.95

Herb roasted creamer potatoes : \$12.95

Steamed Asparagus: \$17.95

extra virgin olive oil

Roasted Brussels sprouts with dried cranberries and pistachios : \$12.95

Sweet potato puree with brown butter and sage: \$10.95

Twice baked potatoes with cheddar and chives: \$7.95



Specials for the weeks of December 17 - December 31

Entrees

Turkey Chili: \$13.95

Basil pesto grilled shrimp skewers: \$4.95

Maine Crab Cakes: \$7.5
mango salsa

Roasted salmon : \$29.95
horseradish chive sauce

Brined and roasted turkey breast: \$14.95

Poached Salmon: \$29.95
with mustard dill sauce

Roasted all natural chicken breasts : \$11.95
wild mushroom sauce

Panko Crusted Chicken Tenders: \$13.95

Chicken Milanese: \$13.95
Arugula, grape tomato and red onion salad

All natural turkey meatloaf: \$13.95

Chicken Parmesan: \$13.95

BBQ turkey burgers: \$7.95
grilled tomato and red onion



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Salads

Egg salad: \$9.95

Quinoa salad with dates, edamame and grilled scallions: \$12.95

Classic shrimp salad: \$17.95

White Meat Green Goddess Chicken Salad: \$12.95

Low Mercury American Tuna Salad: \$14.95

Curried dark meat chicken salad with cilantro and currants: \$12.95

French lentils vinaigrette : \$10.95

Seasonal Fruit Salad: \$9.95

mint and lavender syrup

Roasted red beets with mandarin oranges: \$10.95

Orzo salad: \$11.25

apricots, pistachios and ginger oil

Kale salad with shaved fennel and almonds, lemon vinaigrette : \$14.95

Gloria's Spicy Chicken Salad: \$12.95

Shaved Brussels sprouts Salad: \$14.95

apples, Parmesan and lemon vinaigrette

Italian tuna salad: \$23.95

olive oil, capers and lemon zest

Flank steak salad: \$18.95

baby spinach, roasted creamer potatoes, sliced radishes, cherry tomatoes and horseradish vinaigrette



Coffee Cakes

Lemon poppy: \$8.95

Pumpkin chocolate chip coffee cake: \$8.95

Individual Desserts

Individual apple crostada: \$4.95

Chocolate mousse cups with raspberries: \$4.95

Vanilla Bean Rice pudding: \$3.95

Classic éclair: \$4.95

Chocolate peppermint éclair: \$4.95

Whole Desserts

6" Chocolate Home Style Cake: \$29.95

French Apple Tart: \$17.95

Buche de Noel: \$39.95

8" lemon tart: \$18.95

8"chocolate truffle torte: \$29.95