



Specials for the week of July 26th through August 1st

SOUPS

- Creamless broccoli \$5.50 pt
- Chilled cucumber \$5.50 pt
- Vegetarian soupe au pistou \$5.50
- Thai chicken galangal \$5.50
- Chicken noodle \$5.50 pint
- All natural turkey chili \$13 lb

BREAKFAST

- Chicken quesadilla \$4.95 each
- Egg Strata \$3.95 each
- Quiche of the day \$5.25 slice
- Breakfast burrito \$3.95 each
- Egg white omelette \$3.95
- Selection of Aux Délices baked goods

ENTRÉES

- Lasagna Bolognese with Aux Delices made pasta \$11.95 per pound
- ** Grilled salmon with roasted peppers, basil and golden raisin compote \$29.95 per pound
- Pan Seared Grouper Veracruz \$35 per pound
- Vegetable burgers (oats, chick peas, zucchini, squash, brown rice, eggs, mushrooms, onions and parsley) \$4.75 each
- Aux Délices crab cakes with roasted red pepper sauce \$5.50 each
- Barbequed split chicken breast \$13.95 per pound
- Chipotle and honey grilled flank steak \$22 per pound
- Chicken and Pork Meatballs \$12.95 per pound
- Roasted Amish chicken breasts with wild mushroom sauce \$9.95 each
- Panko crusted chicken tenders \$13 per pound
- All Natural barbequed turkey burgers \$13.95 per pound
- **Roasted filet mignon with horseradish crème fraiche \$36.95 per pound
- Aux Delices turkey meatloaf \$12.95 per pound

SIDES

- Ratatouille \$9.95 per pound
- Sweet pea risotto cakes \$12.50 per pound
- Mélange Verte \$16 per pound
- Haricots verts with shallots \$16 per pound
- Frito Misto \$12.50 per pound
- Whipped potatoes \$8.95 per pound
- Basmati rice primavera \$9.95 per pound
- Steamed broccoli \$10.50 per pound
- Steamed asparagus with extra virgin olive oil \$16 per pound
- Organic carrot puree \$9.95 per pound

SALADS

- French lentils vinaigrette \$10.50 per pound
- Corn and black bean salad with chipotle vinaigrette \$9.95 per pound
- Watermelon salad with tomatoes, feta, cucumbers and lime vinaigrette \$10.95 per pound
- ** Flank steak salad with arugula, tomatoes, grilled red onions, red wine vinaigrette \$15 lb
- Shrimp salad with avocado and grapefruit, citrus vinaigrette \$18 per pound
- Aux Délices orzo salad with apricots and pistachios, ginger oil \$10.95 per pound
- Vine ripened tomato salad with mango, red onion and basil, white balsamic vinaigrette \$12.95 per pound
- Cous cous salad with grilled zucchini, squash, mint and parsley, lemon vinaigrette \$9.95 per pound
- Seasonal fruit salad with mint and lavender syrup \$9.95 per pound
- Chicken salad with avocado, blue cheese and chopped egg, champagne vinaigrette \$11.95 per pound
- Italian tuna salad with parsley and lemon \$10.95 per pound
- Farfalle pasta with baby spinach, tomatoes, pesto and smoked mozzarella \$11.95 per pound



PACKAGED SALADS

- *Baby Arugula with Dried Cranberries, Honey Almonds and Manchego \$7.95
- *Mesclun Greens with Goat Cheese, Dried Cranberries and Almonds \$7.95
- Arugula Salad with Fennel, Citrus, Walnuts, Red Wine Tarragon Vinaigrette \$7.95
- *Asian Chicken Salad \$6.95
- The Vermonter \$7.25
- Cobb Salad \$8.75
- Greek Salad \$6.75
- Chef Salad \$8.75
- Caesar Salad \$6.75
- Chicken Salad over Greens \$6.75
- Tuna Salad over Greens \$6.75
- Grilled Chicken Caesar Salad \$9.75

Wood Basket Tea Breads

- Banana crumb
- Chocolate/vanilla marble

INDIVIDUAL DESSERTS

- Vanilla crème Brûlée \$3.95
- Rustic fruit tartelette \$4.95
- 3" fresh fruit tartelette \$3.95
- Mix berry lemon mascarpone parfait cup \$3
- 3" strawberry tartelette \$3.95

Whole Desserts

- 8 " Strawberry shortcake stacked \$35
- Fresh apricot clafoutis pan rosemary sugar \$ 9.95
- 9" Strawberry tart \$25.95
- 9" Lemon tart \$ 21.95
- Peach nectarine lattice pie \$21.95
- Home style chocolate cake
- 6" \$25.00 8" \$35

*** Contains nuts**

Please Visit Our Website for Holiday, Corporate & Daily Menus!

www.auxdelicesfoods.com

***The **CT** department of health recommends thoroughly cooked foods to reduce the chance of food borne illness.*

Chefs: Justin Sullivan

Mark Bancroft

Pastry Chef: Cyril Chaminade

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