



## Specials for the weeks of January 30th –February 12th

### Aux Délices Specials

Spiced chick pea + butternut squash soup \$5.75 pint

Chicken tortilla soup \$5.75 pint

Vegetarian black bean soup with sherry \$5.75 pint

Broccoli + spinach soup \$5.75 pint

Beet salad with mandarin oranges + goat cheese \$10.50 per pound

Raw kale salad with roasted butternut squash, spicy pecans and balsamic vinaigrette \$12.95 per pound

Kamut salad with currants, feta + toasted almonds, champagne vinaigrette \$11.50 per pound

Brussels sprouts salad with apples, shaved parmesan and lemon vinaigrette \$12.95 per pound

Quinoa and black rice salad with avocado, pepper and tomato, cumin vinaigrette \$10.95 per pound

\*\*Flank steak salad with spinach, white beans, roasted peppers and lime agave dressing \$18 per pound

Cranberry walnut chicken salad with celery + house made mayonnaise \$11.95 per pound

Curried turkey salad with currants + cilantro \$11.95 per pound

Farfalle pasta salad with sun dried tomato pesto, smoked mozzarella + baby spinach, EVO \$10.95 per pound

Black bean burgers \$4.95 each

Broccoli + wild mushroom saute \$10.50 per pound

Sweet potato tamales \$ 3.95 each

Parmesan roasted cauliflower \$11.50 per pound

Mashed butternut squash \$11.50 per pound

Cumin + garlic grilled eggplant \$16 per pound

Sauteed spinach with garlic, almonds, dried cranberries \$12.95 per pound

Turkey meatloaf \$13.95 per pound

Southwestern turkey burgers \$13.95 per pound

Pork scaloppini with dried fig sauce \$25 per pound

Beef bourguignon \$18 per pound

Wild mushroom lasagna \$11.95 per pound

Pesto grilled shrimp \$29.95 per pound

Ginger and hoisin salmon burgers \$29.95 per pound

\*\* Roasted salmon with orange, pepper and jalapeno salsa \$29.95 per pound

Chicken Curry stew \$13.95 per pound

Roasted Amish chicken breast with curry coconut sauce \$10.95 each

### Aux Délices Everyday Favorites

Chicken noodle soup \$5.75 per pint

Orzo salad with apricots, pistachios and ginger oil \$11.25 per pound

Seasonal fruit salad with mint + lavender syrup \$9.95 per pound

Low mercury tuna salad with white beans, carrots & celery \$11.50 per pound

Aux Délices crab cakes with roasted red pepper sauce \$4.95 each

Panko crusted chicken tenders \$13.95 per pound

Filet mignon with horseradish crème fraiche \$38.95 per pound

All natural turkey chili \$13 per pound

Chicken parmesan \$13.95 per pound

Whipped potatoes \$8.95 per pound

Creamed spinach \$10.95 per pound

Steamed asparagus \$16 per pound

### **PACKAGED SALADS**

\*Baby Arugula with Dried Cranberries,  
Honey Almonds and Manchego \$8.95  
\*Mesclun Greens with Goat Cheese,  
Dried Cranberries and Almonds \$8.95  
Arugula Salad with Fennel, Citrus, Walnuts,  
Red Wine Tarragon Vinaigrette \$8.95  
\*Asian Chicken Salad \$6.95  
The Vermonter \$7.75

Cobb Salad \$8.75  
Greek Salad \$6.95  
Chef Salad \$8.75  
Caesar Salad \$6.75  
Chicken Salad over Greens \$6.95  
Tuna Salad over Greens \$6.95  
Grilled Chicken Caesar Salad \$9.75  
Tuna Nicoise \$7.75

### **New! Salad Shakers; Tofu Edamame salads \$5.95 each**

### **Wood basket Tea Breads**

Sour cream cinnamon walnut\* \$7.95  
Pumpkin \$7.95

### **INDIVIDUAL DESSERTS**

Vanilla crème Brûlée \$3.95  
Rustic fruit tartelette \$4.95  
Dark Chocolate and candied kumquat mousse cup \$4.50  
Chocolate mousse and vanilla cake slice \$3.25

### **Whole Desserts**

8" ginger bread cake grapefruit cream cheese frosting \$35  
French thin puff pastry apple tart \$14.95  
Strawberry/rhubarb lattice pie \$ 21.95  
9" key lime pie \$21.95  
Rustic tart \$23.95  
Home style chocolate cake  
6" \$28.00 8" \$35.00

**\*Contains nuts**

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[www.auxdelicesfoods.com](http://www.auxdelicesfoods.com)

\*\*The CT department of health recommends thoroughly cooked foods to reduce the chance of food borne illness.

Chefs: Justin Sullivan

Mark Bancroft

Pastry Chef: Cyril Chaminade

1075 East Putnam Avenue  
Riverside, CT 06878  
Phone (203) 698-1066

3 West Elm Street  
Greenwich, CT 06830  
Phone (203) 622-6644

25 Old King's Hwy North  
Darien, CT 06820  
Phone (203) 662-1136

Aux Délices Café  
1700 East Putnam  
Avenue  
Old Greenwich, CT  
Phone (203) 344-1933