



## Specials for the week of March 8<sup>th</sup> through March 14<sup>th</sup>

### SOUPS

Roasted sweet potato and apple soup \$5.50 pt  
Beef barley \$5.50 pt  
Creamless broccoli \$5.50  
Turkey, escarole and white bean \$5.50 pint  
Chicken noodle \$5.50 pint  
All natural turkey chili \$13 lb

### BREAKFAST

Chicken quesadilla \$4.95 each  
Strata \$3.95 each  
Quiche of the day \$5.25 slice  
Breakfast burrito \$3.95 each  
Egg white omelette \$3.95  
Selection of Aux Délices baked goods

### ENTRÉES

Portobello and spinach lasagna with house made pasta \$11.95 per pound  
Aztec chicken lasagna with corn tortillas \$11.95 each  
\*\* Pan seared salmon with blood orange vinaigrette \$29.95 per pound  
Sesame crusted tuna with carrot ginger vinaigrette \$40 per pound  
Vegetable burgers (*oats, chick peas, zucchini, squash, brown rice, eggs, mushrooms, onions and parsley*) \$4.75 each  
Aux Délices crab cakes with roasted red pepper sauce \$5.50 each  
Chicken Parmesan \$13.95 per pound  
Roasted all natural chicken breast Marbella \$10.95 each  
Panko crusted chicken tenders \$13 per pound  
All Natural barbequed turkey burgers \$13.95 per pound  
\*\*Roasted filet mignon with horseradish crème fraiche \$36.95 per pound  
Aux Delices turkey meatloaf \$12.95 per pound

### SIDES

Sesame sugar snap peas \$16 per pound  
Creamed spinach \$10.95 per pound  
Steamed broccoli with olive oil \$10.50 per pound  
Sautéed zucchini and yellow squash  
\$12.95 per pound  
Wild rice with dried cranberries and scallions \$16 per pound  
Whipped potatoes \$8.95 per pound  
Organic carrots with rosemary and honey \$9.95 per pound  
Steamed asparagus \$16.00 per pound  
Sweet potato puree with lime and honey \$9.95 per pound

### GRAINS AND SALADS

Carrot, apple and red cabbage slaw with golden raisins and sunflower seeds, citrus yogurt dressing  
\$9.95 per pound  
Roasted red beets with goat cheese and red wine vinaigrette \$10.95 per pound  
French lentils vinaigrette \$9.95 per pound  
Cucumber salad with yogurt, dill, red onion \$12.95 per pound  
Chicken salad with avocado, blue cheese, apples & spinach and champagne vinaigrette \$11.95 per pound  
Italian tuna salad with parsley and lemon, EVO \$10.95 per pound  
Farfalle pasta with mozzarella, grape tomatoes, spinach and pesto \$9.95 per pound  
\*\* Asian flank steak salad with napa and red cabbage, scallions, carrots, Miso ginger vinaigrette \$15 lb  
Aux Délices orzo salad with apricots and pistachios, ginger oil \$10.95 per pound  
Seasonal fruit salad with mint and lavender syrup \$9.95 per pound



**PACKAGED SALADS**

- \*Baby Arugula with Cranberries & Almonds \$7.95
- \*Mesclum Greens with Goat Cheese, Dried Cranberries and Almonds \$7.95
- Arugula Salad with Fennel, Citrus, Walnuts, Red Wine Tarragon Vinaigrette \$7.95
- \*Asian Chicken Salad \$6.50
- The Vermonter \$7.25
- Cobb Salad \$8.75
- Greek Salad \$6.75
- Chef Salad \$8.75
- Caesar Salad \$6.75
- Chicken Salad over Greens \$6.75
- Tuna Salad over Greens \$6.75
- Grilled Chicken Caesar Salad \$9.75

**Wood Basket Tea Breads**

- Banana crumb
- Chocolate/vanilla marble

**INDIVIDUAL DESSERTS**

- Vanilla crème Brûlée \$3.95
- Rustic fruit tartelette \$4.95
- Ind Opera cake \$3.50
- Passion fruit raspberry tartelette \$4.25
- Milk Chocolate mousse and orange zest cup \$4.50

**Whole Desserts**

- 6" mocha and hazelnut mousse cake \$ 30
- Angel food cake \$ 14.95
- Opera cake serves 8 \$24.95
- 6" Gingerbread cake \$16
- Rustic tart \$21.95
- 9" Lemon meringue pie \$21.95
- Home style chocolate cake
- 6" \$25.00 8" \$32.50

\* Contains nuts

**Please Visit Our Website for Holiday, Corporate & Daily Menus!**

**[www.auxdelicesfoods.com](http://www.auxdelicesfoods.com)**

*\*\*The CT department of health recommends thoroughly cooked foods to reduce the chance of food borne illness.*

Chefs: Justin Sullivan

Mark Bancroft

Pastry Chef: Cyril Chaminade

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