



Specials (February 12th – February 25th)

Soups:

Celery Root: \$5.95

Vegetable Barley: \$5.95

Chicken Noodle Soup: \$5.95

Broccoli and Spinach Soup: \$5.95

Mexican Chicken Tortilla: \$5.95

Harvest Pumpkin Chili: \$9.95

Sides:

Haircot Verts: \$15.95/lb
With roasted cherry tomatoes

Whipped Potatoes: \$8.95/lb

Aux Délices Veggie Burgers: \$4.95/ea

Steamed Broccoli, Cauliflower and Baby Carrots: \$12.95/lb

Roasted Root Vegetables: \$12.95/lb

Creamed Spinach: \$10.95/lb

Roasted Baby Brussels Sprouts: \$12.95/lb
With bacon and golden raisins

Steamed Asparagus: \$17.95/lb
with extra virgin olive oil

Twice Baked Potatoes: \$7.95/lb
With goat cheese and chives

Cream less Carrot Puree: \$10.25/lb

****Contains Nuts**

The CT Department of Health recommends thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of food borne illness



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Entrées:

BBQ Turkey Burgers: \$7.95/ea

Turkey Meatloaf: \$13.95/lb

Turkey Chili: \$13.95/lb

Basil Pesto Grilled Shrimp Skewers: \$4.95/ea

Maine Crab Cakes: \$7.50/ea
with chipotle remoulade sauce

Roasted Salmon: \$29.95/lb
with mango salsa

Chicken Stroganoff: \$13.95/lb

Roasted Filet Mignon: \$39.95/lb
with horseradish crème fraiche

Wild Mushroom Lasagna: \$12.95/lb
with house made pasta

All Natural Chicken Breasts : \$11.95/ea
With cherry tomato, black olive and lemon compote

Panko Crusted Chicken Tenders: \$13.95/lb

Chicken Milanese: \$13.95/lb
With Arugula, grape tomato and red onion salad

Chicken Parmesan: \$12.95/lb

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Salads:

Classic Shrimp Salad: \$17.95/lb

Seasonal Fruit Salad: \$9.95/lb
with mint and lavender syrup

**Orzo Salad: \$11.25/lb
with apricots, pistachios and ginger oil

Quinoa Salad: \$12.95/lb
with toasted almonds, feta, blueberries and lemon vinaigrette

**Kale Salad: \$12.95/lb
with hemp seeds, strawberries, coconut and lemon vinaigrette

Egg Salad: \$9.95/lb

Italian Tuna Salad: \$12.95/lb

Tuna Salad: \$12.95
with house made mayo

Gloria's Spicy Chicken Salad: \$12.95/lb

White Meat Green Goddess Chicken Salad: \$12.95/lb

Flank Steak Salad: \$18.95/lb
With hard cooked egg, endive, blue cheese, cherry tomatoes and white balsamic vinaigrette

Roasted Beets: \$10.95/lb
With apples and balsamic vinaigrette

English Cucumber Salad: \$12.95/lb
With Greek yogurt and dill

Shaved Brussels sprouts: \$12.95/lb
With apples, Parmesan lemon vinaigrette

Dark Meat Curried Chicken Salad: \$12.95
With currants and cilantro and cilantro

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Tea Breads: \$7.95

Banana Chocolate Chip

Apple Streusel

Individual Desserts:

Classic Éclair: \$3.95

Rustic Tartlette: \$4.95

Rice Pudding: \$3.95

Lemon Meringue Tartlette: \$4.25

Whole Desserts

6" and 8" Chocolate Home style Cake: \$29.95/\$39.95

Lemon Crème Fraiche Cake: \$21.95

French Apple Tart: \$17.95

Flourless Chocolate Torte: \$23.95

4" Chocolate Mousse Cake: \$14.95

6" Yellow Butter Cake: \$29.95

with chocolate home style filling and covered with vanilla buttercream

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