



Specials (September 11th – September 24th)

Soups:

Vegetarian Detox Vegetable Soup: \$5.75

Matzo Ball Soup: \$5.75

Cauliflower and Leek Soup: \$5.75

Split Pea Soup: \$5.75

Broccoli and Cheddar Soup: \$5.75

Sides:

Whipped Potatoes: \$7.95/lb

Aux Délices Veggie Burgers: \$4.95/ea

Stemed Broccoli, Cauliflower and Baby Carrots: \$10.95/lb

Basmati Rice Primavera: \$9.95/lb

Creamed Spinach: \$10.95/lb

Melagne Vert: \$15.95/lb
asparagus, haricot verts and sugar snap peas

Twice Baked Potatoes: \$7.95/lb
with cheddar and chives

Sweet Potato Puree: \$10.95

****Contains Nuts**

The CT Department of Health recommends thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of food borne illness



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Entrées:

BBQ Turkey Burgers: \$7.95/ea

Turkey Meatloaf: \$13.95/lb

Turkey Chili: \$13.95/lb

Basil Pesto Grilled Shrimp Skewers: \$4.95/ea

Maine Crab Cakes: \$7.50/ea
with chipotle remoulade sauce

Roasted Salmon: \$29.95/lb
with mustard dill sauce

Butternut, Chevre and Mushroom Lasagna: \$12.95/lb
with house made pasta

Roasted Filet Mignon: \$39.95/lb
with horseradish crème fraiche

Chicken Parmesan: \$13.95/lb

All Natural Chicken Breasts: \$11.95/ea
with stone fruit salsa

Panko Crusted chicken tenders: \$13.95/lb

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Salads:

Classic Shrimp Salad: \$17.95/lb

Seasonal Fruit Salad: \$9.95/lb
with mint and lavender syrup

****Orzo Salad: \$11.25/lb**
with apricots, pistachios and ginger oil

Quinoa Salad: \$12.95/lb
with dates, grilled scallions and edamame

****Kale Salad: \$12.95/lb**
with shaved fennel, almonds, Parmesan, and lemon vinaigrette

Shaved Brussels Sprouts Salad: \$12.95/lb
with apples, Parmesan and lemon vinaigrette

Flank Steak Salad: \$18.95/lb
with white beans, peppers, spinach, avocado and chipotle vinaigrette

Gloria's Spicy Chicken Salad: \$12.95/lb

Roasted Beets: \$10.95/lb
with mandarin oranges, pomegranate seeds, walnuts and balsamic vinaigrette

Egg Salad: \$9.95/lb

Turkey Salad: \$12.95/lb
with dried cranberries, pecans, celery and maple white balsamic vinaigrette

Tuna Salad: \$12.95/lb
with house made mayo

White Meat Green Goddess Chicken Salad: \$12.95/lb

French Lentils: \$10.95/lb
with sherry thyme vinaigrette

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Tea Breads: \$7.95

Banana

Pumpkin

Individual Desserts:

Key Lime Éclair: \$3.95

Classic Éclair: \$3.95

Rice Pudding: \$3.95

Strawberry Shortcake Parfait: \$4.25

Fresh Fruit Tartlette: \$4.25

Rustic Tartlette: \$4.95

Whole Desserts

Lemon Meringue Tart: \$21.95

6" and 8" Chocolate Home style Cake: \$29.95/\$39.95

6" Stacked Strawberry Shortcake: \$29.95

Flourless Chocolate Torte: \$23.95

French Apple Tart: \$17.95

For The Weekend:

6" Lemon Coconut Cake: \$29.95

Fresh Fruit Tart: \$26.95

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