



Specials (June 18th – July 1st)

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### Soups:

Broccoli And Spinach: \$5.95

Tomato Basil Soup (Vegetarian): \$5.95

Cream Less Curried Zucchini Soup: \$5.95

Gazpacho: \$5.95

Chicken Noodle Soup: \$5.95

Chicken and Andouille Jambalaya: \$9.95

### Sides:

Haricot Verts: \$15.95/lb  
*With roasted cherry tomatoes*

Whipped Potatoes: \$8.95/lb

Aux Délices Veggie Burgers: \$4.95/ea

Corn Succotash: \$12.95/lb  
*With lima beans, red peppers and cherry tomatoes*

Moroccan Eggplant: \$15.95/lb  
*With cumin, lemon and garlic*

Herb Roasted New Potatoes: \$12.95/lb

Steamed Asparagus: \$17.95/lb  
*With extra virgin olive oil*

Roasted Sweet Potatoes: \$10.95/lb  
*With coconut oil and dates*

Sautéed Broccolini: \$12.95/lb  
*With olive oil and lemon zest*

Grilled Zucchini and nectarine: \$12.95/lb  
*With red chili flakes and mint*

\*\*Contains Nuts

The CT Department of Health recommends thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of food borne illness



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### Entrées:

Meatloaf Burgers: \$8.95/ea

*Wrapped with bacon and home made ketchup*

Wild Mushroom Lasagna: \$13.95/lb

*With house made pasta*

Turkey Chili: \$13.95/lb

Rosemary and Lemon Grilled Shrimp Skewers: \$4.95/ea

Maine Crab Cakes: \$7.50/ea

*With mango salsa*

Roasted Salmon: \$29.95/lb

*With ginger mustard sauce*

Roasted Filet Mignon: \$39.95/lb

*With horseradish crème fraiche*

Poached Salmon: \$29.95/lb

*With mustard dill sauce*

Roasted All Natural Chicken Breasts: \$11.95/ea

*With Nectarine and tarragon compote*

Panko Crusted Chicken Tenders: \$13.95/lb

Chicken Milanese: \$13.95/lb

*With Arugula, grape tomato and red onion salad*

Chicken Parmesan: \$13.95/lb

BBQ Split Chicken Breasts: \$13.95/lb

BBQ Turkey Burgers: \$7.95/ea

*With grilled tomato and red onion*

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### Salads:

Egg salad: \$9.95/lb

Panzanella Tomato Salad: \$12.95/lb  
*with balsamic vinaigrette*

Classic shrimp salad: \$17.95/lb  
*With Dill*

White Meat Green Goddess Chicken Salad: \$12.95/lb

Low Mercury Tuna Salad: \$14.95/lb  
*With house made mayo*

Elbow Pasta Salad: \$12.95/lb  
*With tuna, celery and housemade mayo*

Farro Salad: \$12.95/lb  
*With charred corn, asparagus, cherry tomatoes and lemon vinaigrette*

Seasonal Fruit Salad: \$9.95/lb  
*With mint and lavender syrup*

Roasted Beets: \$10.95/lb  
*With mandarin oranges and balsamic vinaigrette*

Tarragon Turkey Salad: \$12.95/lb  
*With apples, pecans, dried cranberries with champagne vinaigrette*

Orzo salad: \$11.25/lb  
*With apricots, pistachios and ginger oil*

Kale salad: \$12.95/lb  
*With shaved fennel, almonds and lemon vinaigrette*

Gloria's Spicy Chicken Salad: \$12.95/lb

Shaved Fennel and Endive Salad: \$14.95/lb  
*With strawberries, oranges, shaved Parmesan and citrus vinaigrette*

Shaved Brussels sprouts Salad: \$12.95/lb  
*With apples, Parmesan and lemon vinaigrette*

Flank steak salad: \$18.95/lb  
*With shaved Napa and Red Cabbage, Carrots, Scallions, Crispy Wontons and Peanut Sauce*

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Tea Breads: \$7.95

Banana

Cream Cheese Pound Cake

Individual Desserts:

Apple Crostada: \$4.95

Strawberry Shortcake Parfait: \$4.95

Vanilla Bean Rice Pudding: \$3.95

Classic Éclair: \$4.25

Whole Desserts:

6” Chocolate Home Style Cake: \$29.95

French Apple Tart: \$17.95

6” Lemon Coconut Cake: \$29.95

6” Blueberry Crumb Pie: \$9.95

6” Stacked Strawberry Shortcake: \$29.95

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