

AUX DÉLICES

FOODS BY DEBRA PONZEK



Fall/Winter Cooking Class Schedule 2009

Tuition is \$65 except where noted

Sundays 4pm to 6pm

Classes are held at 23 Acosta St. Stamford, Ct.

Please bring an apron and wear long sleeves and sneakers

Please register with Chef Lynn Manheim, Director (Lynn.manheim@auxdelicesfoods.com)

203 326-4540 ext. 108

Please note: There is a 48 hour cancellation policy. No credits or refunds are issued after 48 hours prior to class.

Italian Cooking With Love – September 20- ages 8 to 13 \$65

If you have ever swooned over toasted bread rubbed with garlic and drizzled with olive oil, then you are destined to cook Italian food! In this class, we will make some popular recipes such as bread soup flavored with tomatoes and olive oil; fritto misto, where we will bread and fry vegetables harvested from the garden like zucchini and squash; and we will make a fruit crostada (or chocolate for those who must)! These recipes are easy, fun to make and even more fun to eat!

Happiness is Cooking with My Friends – October 4 - ages 8 to 13 \$65

When I was young, my best friend and I cooked breakfast after every sleepover and it's one of my favorite memories! Breakfast is the most important meal so let's make a delicious array of pancakes, omelettes, biscuits with herbed butter and scones! We will certainly start the day with bundles of energy!

Halloween Treats with Brenda – October 18 - ages 7 and up \$65

Let's make gooey cupcakes, scary cookies and ghoulish treats! Chef Brenda will teach you how to make the batters, frost the cupcakes and decorate the cookies. You can celebrate Halloween with your own home made sweets!

Let's Make Vegetables That Taste Good! November 1- ages 9 to 13 \$65

I guarantee bright green beans, yummy sweet potatoes, crispy roasted parsnips and golden caramelized squash plus delicious pumpkin bread and carrot muffins with caramel frosting, all packed with nutrients and flavor!

BFF Chefs – November 8- ages 7 to 12 \$65

Bring your best friend and get 10 % off your own class! We will make some cozy autumn favorites like chicken pot pie, chicken rice soup, cheesy mac and cheese, and chocolatey chocolate chip cookies!

Thanksgiving is for Kids Too! November 15 – ages 8 to 13 \$65

We shall perfect cornbread stuffing, marshmallow sweet potatoes, and apple crumb pie so you can help cook for Thanksgiving too! My advice, wash a few dishes too!

Sushi For Kids! December 6 – ages 9 to 13 \$65

You all seem to love sushi so let's give it a whirl!!!

Holiday Cookies with Brenda – December 13 – ages 7 to 13 \$65

Bake a batch of the best cookies ever and give them to your friends and family for the holidays. Everyone loves home made and edible presents!