

## Adult Classes cont.

Technique: Fish, Fish, Fish

**Menu:**

- Whole Branzino Baked in a Salt Crust
- Pan-Seared Striped Bass with Herb and Garlic Vinaigrette
- Salmon Burgers with Chipotle Aioli

**Wednesday, December 7 - 7pm to 9:30pm**

**Hands On \$125**

Technique: For Italian Lovers Only!

**Menu:**

- Crostini with Herbed Ricotta, Anchovy and Capers
- Baked Stuffed Eggplant
- Sausage Ragu over Pasta
- Sautéed Escarole, Garlic and Olive

**Wednesday, December 14- 7pm to 9:30pm**

**Hands On \$125**

## Kids Classes cont.

Festive Thanksgiving (ages 8+)

**Menu:**

- Corn Pudding
- Maple Sweet Potatoes with optional marshmallows
- Turkey Stuffing
- Individual Turkey Pot Pies
- Thanksgiving Sugar Cookies

**Sunday, November 13 - 4pm to 6pm**

**Hands On \$65**

Cake Champions (ages 8+)

**Menu:**

- Bake Mini Cakes
- Frost and Decorate a Cake (learning and polishing skills of rolling fondant, piping, frosting and flowers)

**Sunday, December 4 - 4pm to 6pm**

**Hands On \$65**

Decorate Gingerbread Houses (ages 8-13)

**Sunday, December 11 - 4pm to 6pm**

**Hands On \$75**

# Cooking Class Fall/Winter 2016



FOODS BY DEBRA PONZEK

*children, adults & parties*

### Cooking Class Location

23 Acosta Street

Stamford, CT 06902

P. 203.326.4540 x108



FOODS BY DEBRA PONZEK

## Aux Délices Cooking School

Aux Delices offers classes for adults and children at the Aux Délices kitchens or in the privacy of your home. Classes are generally held on Wednesday evenings for adults and Sunday afternoons for children. Classes are hands-on for children and both hands-on and demonstration for adults.

We teach easy, interesting and seasonal food preparation, using a variety of cooking techniques. The chef instructors are from Aux Délices, as well as from well-known restaurants in Fairfield County and New York City.

## Private Parties

Having a special occasion? We also offer cooking classes as private parties in our kitchen or in the privacy of your home. We will also individually-tailor a lesson for a smaller group. Children's birthday parties, bridal showers and adult birthday parties are all welcome and very popular!



For more information,  
please contact:

Lynn Manheim  
Cooking School Director  
lmanheim@auxdelicesfoods.com  
p. 203.326.4540 ext 108  
23 Acosta Street  
Stamford, CT 06902

## Adult Classes

Technique: Make Ahead Dinner Party

Menu:

- Make A Pitcher Of Autumn Margaritas
- Coconut-Crusted Shrimp with Thai Dipping Sauce
- Chicken and Vegetable Empanadas
- Coffee and Spice Dry Rubbed Skirt Steak
- Chickpea and Kale Salad with Tahini Dressing
- Maldon Salt Sprinkled Chocolate Chip Cookies

Wednesday, October 5 – 7pm to 9:30pm

Hands On \$125

Technique: Family Dinner

Menu:

- New England Clam Chowder
- Super Crispy Brined Fried Chicken
- Chopped Salad and Citrus Vinaigrette
- Scallion and Cheddar Buttermilk Biscuits

Wednesday, October 26 – 7pm to 9:30pm

Hands On \$125

Technique: Comfort Food

Menu:

- Hearty Lentil and Vegetable Soup
- Braised Pork Shoulder
- Perfect Mashed Potatoes
- Carrot, Avocado, and Orange Salad

Wednesday, November 2 - 7pm to 9:30pm

Hands On \$125

Technique: Thanksgiving Guide

Menu:

- To Brine or Not to Brine Your Turkey (we'll do both)
- Turkey Gravy
- Smashed Butternut Squash with Candied Hazelnuts
- Roasted Maple Sweet Potatoes
- Brioche Stuffing
- Assorted Aux Délices Pies

Wednesday, November 9- 7pm to 9:30pm

Hands On \$125

## Kids Classes

children must be 8 years old and up  
(unless noted)

Kids and Parent (1 per family) Make Great Snacks! (ages 7+)

Menu:

- Big, Salty Pretzels
- Pop Tarts
- Cinnamon Apple Muffins

Sunday, September 25 – 4pm to 6pm

Hands On \$65 (parent included)



Teen Dinner (ages 12+)

Menu:

- Assorted Sushi
- Vegetable Mango Summer Rolls
- Vegetable Tempura
- Devil Dogs

Sunday, October 16 - 4pm to 6pm

Hands On \$65

We're Sweet on Halloween! (ages 8+)

Menu:

- Chocolate Bark
- Candy Corn Cupcakes
- Marshmallow Treats

Sunday, October 30 - 4pm to 6pm

Hands On \$65

Little Chefs: Let's Make Holiday Cookies!  
(ages 3-7)

Menu:

- Let's Make Holiday Sugar Cookies!

Saturday, November 5th- 4pm to 6pm

Hands On \$65

An Autumn Feast (ages 8+)

Menu:

- Chicken Rice Tortilla Soup
- Turkey Burgers
- Twice Baked Potatoes
- Apple Crisp

Sunday, November 6 - 4pm to 6pm

Hands On \$65

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